

Contents

Chapter No.	Title	Page No.
1	Electrical Safe Working Practice	1
2	The Practical Aspects of Electrical Circuits	25
3	Electronic Components	75
4	Alternators, Switchboards and Switchgear	125
5	Starters and Control Equipment for Motors	191
6	Miscellaneous Systems	263
7	Explosion Proof Equipment	307
8	Automation and Instrumentation	341
9	High Voltage Safety and Switchgear	407
10	Interpretation of Relevant SOLAS Regulations	485
11	Questions and Answers for Competency Exams	525
Addendum		
	Index of Key Words and Phrases	603
	Index of Figures	607
	Index of Tables	623

Contents

Chapter 1 – Electrical Safe Working Practice		
Article No.	Article	Page No.
1.1	General Electrical Safety	1
1.2	Risk Management	1
1.3	Main Causes of Electrical Accidents	3
1.3.1	Unsafe Acts	3
1.3.1.1	Avoid Unsafe Acts	3
1.3.2	Unsafe Equipment	3
1.3.3	Unsafe Environment	4
1.4	Hazards of Electricity	4
1.4.1	Shock	4
1.4.1.1	Microshock	4
1.4.1.2	Macroshock	5
1.4.1.3	Effects of Current Flow through the Human body	6
1.4.1.4	Steps to Minimize the Risk of an Electrical Shock Onboard	7
1.5	Electrical Work Permit	9
1.5.1	Example of an Electrical Work Permit	9
1.6	Safe Working Procedures When Power Supply Can Be Switched Off	12
1.6.1	Lock Out / Tag Out of Electrical Equipment	13
1.6.2	Checking the Equipment for Live or Dead Status	13
1.6.3	Verifying the Operation of the Voltage Tester	13
1.6.4	Discharging Capacitors in a Circuit	14
1.7	Safe Working Procedure When Power Supply Cannot Be Switched Off	14
1.7.1	The Buddy System	15
1.7.2	Importance of Safety Gloves for Electrical Repair Work	15
1.7.3	Features of the Insulation Mat	15
1.7.4	Insulated Tools	16
1.7.5	Multimeter Safe Working Practice	16
1.8	Procedure for Renewal of Fuses	17
1.9	Precautions to be taken while isolating a Current Transformer (CT)	18
1.10	Safety in a Battery Compartment	18

Contents

Chapter 1 – Electrical Safe Working Practice (Continued)		
Article No.	Article	Page No.
1.11	Working on Electrical Equipment at Heights	19
1.11.1	Permit to Work Aloft	20
1.12	Precautions while using an electrical cleaner for improving insulation	22
1.12.1	Potential Health Effects	22
1.12.2	First Aid Measures	22
1.13	The Items to be checked in the Electro Technical Officer's Daily Rounds	23

Chapter 2 – The Practical Aspects of Electrical Circuits		
Article No.	Title	Page No.
2.1	Introduction	25
2.2	Reading Diagrams	25
2.3	IEEE / ANSI Standards	25
2.3.1	ANSI Device Numbers	26
2.3.2	Fuse Switch-Isolator (89)	30
2.4	The Fuse	31
2.4.1	High Rupturing Capacity (H.R.C.) Cartridge Fuse	31
2.4.2	Trip Characteristics	34
2.4.3	Rating	34
2.5	The Miniature Circuit Breaker	36
2.6	Moulded Case Circuit Breaker (52)	38
2.6.1	Operating Principle of the Moulded Case Circuit Breaker (MCCB)	39
2.6.2	Under Voltage Release	41
2.6.3	Shunt Trip Release	41
2.7	Main Contactor (6, 42, 88)	42
2.7.1	Surface of the Contacts	44
2.8	Over Current Relay - Thermal Protection Relay (51)	44
2.9	Motor Thermistor-based Protection Relays (49)	45
2.10	Electromagnetic Relays (x,y,k,d) / (4, 62, 63)	47
2.11	Timer Relay (2, 10, 19)	49

Contents

Chapter 2 – The Practical Aspects of Electrical Circuits (Continued)		
Article No.	Title	Page No.
2.11.1	On-delay Timer	50
2.11.2	Off-delay Timer	50
2.11.3	On-delay / Off-delay Timer	51
2.11.4	Recycling / Flashing	51
2.11.5	Reset	52
2.11.6	Multifunction Timer Relay	52
2.12	Dual Coil Latch Relay	53
2.13	Various Symbols in Circuit Diagrams	54
2.14	Electrical Interlocking	58
2.15	Cable and Wire-Marking Systems	59
2.15.1	Shipboard Electronic Equipment Wire-marking Systems	59
2.16	Multi Page Diagrams	60
2.16.1	DG Monitoring and Control Circuit	60
2.17	Crimping Joints	65
2.17.1	Choosing the Wire	65
2.17.2	Choosing the Crimp Terminal	66
2.17.3	Making the Crimp	67
2.18	Locating Earth Faults	67
2.19	Testing of Electrical Machines	71

Chapter 3 – Electronic Components		
Article No.	Title	Page No.
3.1	Passive Components	75
3.1.1	Capacitors	75
3.1.1.1	Testing a Capacitor	76
3.1.2	Inductors	77
3.1.2.1	Lenz's Law	78
3.1.3	Resistors and Potentiometers	78
3.1.3.1	Testing a Resistor	80

Contents

Chapter 3 – Electronic Components (Continued)		
Article No.	Title	Page No.
3.2	Semiconductors	80
3.2.1	N-type and P-type Semiconductors	81
3.3	Diodes	82
3.3.1	Diode as a Rectifier	83
3.3.2	Single-phase Bridge Rectifier	84
3.3.3	Three-phase Bridge Rectifier	85
3.3.4	Testing a Diode	85
3.3.5	Zener Diode	86
3.3.6	Photo Diode	88
3.3.7	Light-emitting diode (LED)	88
3.3.8	Diode as an Opto-coupler	89
3.4	Active Components	89
3.4.1	Transistors	89
3.4.1.1	Working of a Transistor	90
3.4.1.2	Transistor as an Amplifier	92
3.4.1.3	Identifying the Pins of a Transistor	94
3.4.1.4	Test for a Short Circuit between the Collector and the Emitter	94
3.4.1.5	Testing of an NPN / PNP Transistor	94
3.4.1.6	Connection Modes for Transistors	95
3.4.2	Field Effect Transistors	96
3.4.2.1	Working of the FET	98
3.4.2.2	JFET as an Amplifier	99
3.4.2.3	Testing a JFET	100
3.5	The Operational Amplifier	100
3.5.1	Op-Amp Inverting Amplifier	101
3.5.2	The Non-Inverting Amplifier	102
3.5.3	The Differential Amplifier	103
3.5.4	Summing Operation by an Op-Amp	103
3.5.5	The Differentiator	104

Contents

Chapter 3 – Electronic Components (Continued)		
Article No.	Title	Page No.
3.5.6	The Integrator	104
3.5.7	Application of an Op Amp as a Digital to Analog Converter	105
3.6	Thyristor / Silicon Controlled Rectifier (SCR)	105
3.6.1	Power Control by an SCR	107
3.6.2	Testing the SCR	108
3.7	The DIAC	109
3.8	The TRIAC	109
3.8.1	Testing a TRIAC	110
3.9	The MOSFET (Metal Oxide Semiconductor Field Effect Transistor)	111
3.9.1	Working Principle of the MOSFET	111
3.9.2	The P-Channel MOSFET	112
3.9.3	The N-Channel MOSFET	112
3.9.4	Testing a MOSFET	113
3.10	The IGBT or Insulated Gate Bipolar Transistor	114
3.10.1	IGBT Module Testing with a Multimeter	116
3.11	Digital Electronics	117
3.12	Logic Gates	117
3.12.1	The AND Gate	118
3.12.2	The OR Gate	118
3.12.3	The XOR (Exclusive-OR) Gate	119
3.12.4	The Inverter or NOT Gate	119
3.12.5	The NAND Gate	120
3.12.6	The NOR Gate	120
3.12.7	The XNOR Gate	120
3.12.8	Universal Gates Using NAND and NOR Gates	121
3.12.8.1	The AND Gate Using NAND Gates	121
3.12.8.2	The OR Gate Using NAND Gates	122
3.12.8.3	The NOT Gate Using a NAND Gate	122
3.12.8.4	The NOR Gate Using NAND Gates	123
3.12.8.5	The XOR Gate Using NAND Gates	123
3.12.8.6	The XNOR Gate Using NAND Gates	124

Contents

Chapter 4 – Alternators, Switchboards and Switchgear		
Article No.	Title	Page No.
4.1	The Ship's Alternator	125
4.1.1	Advantages	127
4.1.2	Disadvantages	127
4.2	Frequency of Induced E.M.F	128
4.3	The Brushless Alternator (Rotary Excitation System)	129
4.4	The Alternator with a Separately Excited System	131
4.4.1	Advantages of PMG Excitation Systems	132
4.5	Salient Features of a Brushless Alternator's Major Components	132
4.5.1	The Exciter	132
4.5.1.1	The Exciter Field	132
4.5.1.2	Restoring Residual Magnetism (Flashing of the field)	133
4.5.1.3	The Exciter Armature	134
4.5.2	The Rotating Rectifier	134
4.5.2.1	The Effects of Diode Failure	134
4.5.3	The Main Rotating Field	135
4.5.4	The Main Armature	136
4.5.5	The Flange-mounted Sleeve Bearing	137
4.5.6	The Integral Pedestal Sleeve Bearing	138
4.6	Outline of Operation of a Brushless Alternator	139
4.7	The AVR (Automatic Voltage Regulator)	141
4.7.1	The Thyristor-based AVR	142
4.7.2	The Static or Self-Excitation System	143
4.7.3	Static Excitation and Error Operated AVR for an Alternator	145
4.8	Synchronising	148
4.8.1	Auto Synchronising	149
4.8.2	Manual Synchronising	149
4.9	Routine Maintenance on an Alternator	150
4.9.1	Minimum Safety Requirements Prior to Commencing Work	150
4.9.2	Stator Cables and Terminal Box	151

Contents

Chapter 4 – Alternators, Switchboards and Switchgear (Continued)		
Article No.	Title	Page No.
4.9.3	Rotor and Stator Winding	151
4.9.4	Air Gap in the Alternator and How to Measure It	151
4.9.5	AVR and Rotating Diodes	152
4.9.6	Space Heaters	152
4.9.7	Air Filters	153
4.9.8	Air Filter Cleaning Procedure	153
4.9.9	Generator Pedestal Bearing	154
4.9.10	Measuring Insulation of the Generator Windings	154
4.9.11	Test Running at No Load and On Load	154
4.10	Switchboards and Switchgear	155
4.10.1	The Generator Panel	155
4.10.2	The Synchronising Panel	155
4.10.3.	The Auxiliary Services Panel	156
4.10.4	The 440V Group Starter Panel	156
4.10.5	The 440V Section Switchboards	156
4.10.6	The 220V Section Switchboards	156
4.10.7	Earth Fault Monitors	156
4.10.8	440 / 220 V Lighting Transformers	156
4.10.9	The Emergency Stop Panel	156
4.10.10	The Link to the Emergency Switchboard	157
4.10.11	The Emergency Switchboard	157
4.10.12	Emergency Power Distribution	157
4.10.13	Availability of Lighting for Escape and Disembarkation	157
4.10.14	Services Supplied by the Main and Emergency Switchboards	157
4.10.14.1	Some Equipment Supplied by the MSB's 440V Section	157
4.10.14.2	Some Equipment Supplied by the MSB's 100V Section	158
4.10.14.3	Some Equipment Supplied by the ESB's 440V Section	158
4.10.14.4	Some Equipment Supplied by the ESB's 100V Section	158
4.10.14.5	Some Equipment Supplied by the ESB's 24V Section	159

Contents

Chapter 4 – Alternators, Switchboards and Switchgear (Continued)		
Article No.	Title	Page No.
4.11	The Air Circuit Breaker	159
4.11.1	Features of the Air Circuit Breaker	159
4.11.2	Maintenance of the Air Circuit Breaker	164
4.11.3	Removal of the arc chutes, main and aux contacts from the Air Circuit Breaker	165
4.11.4	Precautions while drawing out and inserting the Air Circuit Breaker	165
4.11.5	Interlocks	169
4.11.6	Re-installing the Air Circuit Breaker	169
4.12	Protection Features in a Ship's Power Management System	169
4.12.1	Service Factor	170
4.12.2	Voltage Established Relay	170
4.12.3	Preference Tripping	170
4.12.3.1	First Stage Preference Trips (after 10 seconds)	173
4.12.3.2	Second Stage Preference Trips (5 seconds after the First Stage Equipment)	175
4.12.4	Over-current Protection	175
4.12.4.1	Electromagnetic Trip	176
4.12.4.2	Thermal Trip	176
4.12.4.3	Electronic Trip	176
4.12.5	Short-circuit Protection	178
4.12.6	Reverse Power protection	178
4.12.7	Under-voltage and No-Volt Protection	179
4.12.8	Frequency Monitoring System	182
4.12.9	Lockout Relay	182
4.12.10	Sequential Restarting	182
4.12.10.1	Restarting when Normal Power is restored after a Blackout	182
4.12.10.2	Automatic Standby Start	184
4.13	Shore Supply Connection Procedure	185
4.13.1	Procedure for Connecting Shore Power Supply on a VLCC	187
4.13.2	Procedure for Transfer from Shore Supply to a Main Diesel Generator on a VLCC	188
4.13.3	Effect of Change in Supply Voltage on Torque and Speed	188

Contents

Chapter 4 – Alternators, Switchboards and Switchgear (Continued)		
Article No.	Title	Page No.
4.13.3.1	Running at Reduced Voltage (e.g., 440V-rated and running at 380V)	189
4.13.3.2	Running at Increased Voltage (e.g., 380V-rated and running at 440V)	189
4.13.4	Effect of Change in Supply Frequencies on Torque and Speed	189
4.13.4.1	Running at Reduced Frequency (e.g., 60Hz-rated and running at 50Hz)	190
4.13.4.2	Running at Increased Frequency (e.g., 50Hz-rated and running at 60Hz)	190

Chapter 5 –Starters and Control Equipment for Motors		
Article No.	Title	Page No.
5.1	The Basic Electric Motor	191
5.2	Classification of Electric Motors	191
5.3	Direct Current Motors	192
5.3.1	The Basic DC Motor	192
5.3.2	Commonly Used Direct Current Motors	193
5.3.3	Brushless DC (BLDC) Motors	196
5.3.3.1	Rotating Field and Speed Control	196
5.3.4	Role of a Starter in a DC Motor's Circuit	198
5.3.5	Starting Methods of A DC Motor	199
5.3.5.1	The Three Point Starter	199
5.3.5.2	The Four Point Starter	200
5.4	Alternating Current Motors	201
5.4.1	Three-phase Asynchronous Motors	201
5.4.1.1	The Three-phase Squirrel Cage Induction Motor	201
5.4.1.2	The Slip Ring or Wound Three-phase Induction Motor	203
5.4.2	Single-phase Asynchronous Motors	206
5.4.2.1	The Split-phase Induction Motor	206
5.4.2.2	The Capacitor-start Motor	206
5.4.2.3	The Capacitor-start Capacitor-run Motor	207
5.4.3	The Synchronous Motor	207
5.4.3.1	Applications of a Synchronous Motor	209
5.4.4	The Universal Motor	209

Contents

Chapter 5 – Starters and Control Equipment for Motors (Continued)		
Article No.	Title	Page No.
5.5	Duty Ratings of an Electric Motor	210
5.5.1	S1 – Continuous Duty	210
5.5.2	S2 – Short-time Duty	210
5.5.3	S3 – Intermittent Periodic Duty	210
5.5.4	S4 – Intermittent Periodic Duty with Starting	210
5.5.5	S5 – Intermittent Periodic Duty with Electric Braking	210
5.5.6	S6 – Continuous Operation Periodic Duty	210
5.5.7	S7 – Continuous Operation Periodic Duty with Electric Braking	210
5.5.8	S8 – Continuous Operation Periodic Duty with Related Load / Speed Changes	210
5.5.9	S9 – Duty with Non-Periodic Load and Speed Variations	211
5.5.10	S10 – Duty with Discrete Constant Loads and Speeds	211
5.6	Motor Insulation Classes	211
5.6.1	Class B Insulation	211
5.6.2	Class F Insulation	211
5.6.3	Class H Insulation	212
5.7	Ingress Protection	212
5.8	Types of Starters for AC Motors	215
5.8.1	Direct-on-line Starter (Full Voltage Starter)	216
5.8.2	Reversing Motor Starter	217
5.8.3	Star-Delta Starter	220
5.8.3.1	The Power Circuit of the Star-Delta Starter	220
5.8.3.2	A Star-delta Starter Circuit for a Heavy-duty Motor	222
5.8.4	The Auto Transformer Starter	225
5.8.4.1	An Auto Transformer Starter Circuit for a Heavy-duty Motor	227
5.8.4.2	Control Circuit for the Motor Starter	228
5.8.4.3	Start Failure Alarm	231
5.8.5	Microprocessor-based Motor Starter Control	231
5.8.6	The Soft Starter	233
5.8.7	The Variable Frequency Drive	235
5.8.7.1	Pulse Width Modulated Variable Frequency Drives	236

Contents

Chapter 5 – Starters and Control Equipment for Motors (Continued)		
Article No.	Title	Page No.
5.8.7.2	Switching Element	239
5.8.7.3	V / F Pattern	239
5.8.7.4	The Regenerative Brake	242
5.8.8	Dual Voltage Motor Connection	242
5.9	Motor Failures	243
5.10	Motor Failure Analysis during Operation	243
5.10.1	Vibration	243
5.10.1.1	Unbalanced V-Belt Drives	243
5.10.1.2	Damage Arising from Poorly Fitted Transmission or Improper Motor Alignment	244
5.10.1.3	Vibration Monitoring and Analysis	244
5.10.1.4	ISO Value (mm / second)	245
5.10.1.5	Bearing Noise in Bearing Damage Units	245
5.10.1.6	Total Acceleration (g)	245
5.10.1.7	Vibration Analysis	246
5.10.1.8	Frequency Spectrum	247
5.10.1.9	Advantages of Using a Vibration Monitoring Instrument	247
5.10.2	Abnormal Noise	248
5.10.2.1	Bearing Failures	248
5.10.2.2	Single-phasing	248
5.10.2.3	Squirrel Cage Rotor Failures	251
5.10.2.4	Slip Ring Rotor Failures	252
5.10.3	Temperature	252
5.10.4	Current	252
5.10.4.1	Short Circuit between Turns	252
5.10.4.2	Short Circuits between Turns in Slip Ring Motors	253
5.10.4.3	Winding Failures	253
5.11	Inspection during an Overhaul or a Scheduled Maintenance	255
5.11.1	Bearings	255
5.11.1.1	Bearing Handling and Care	257

Contents

Chapter 5 – Starters and Control Equipment for Motors (Continued)		
Article No.	Title	Page No.
5.11.2	Stator and Rotor	257
5.11.3	Insulation Monitoring of the Motor	257
5.11.3.1	Insulation Resistance Test for the Stator Winding of a Motor	258
5.11.4	Cables and Lugs	259
5.11.5	Cooling Fans	259
5.11.6	Varnish	259
5.11.7	End Cover	259
5.11.8	Coupling Removal and Alignment	259
5.11.9	No Load Running	260
5.12	Motor Failure Analysis Charts	260

Chapter 6 – Miscellaneous Systems		
Article No.	Title	Page No.
6.1	Impressed Current Cathodic Protection	263
6.1.1	Routine Checks	269
6.1.2	Dangers to be Avoided	269
6.2	Marine Growth Prevention System	270
6.2.1	Maintenance	273
6.3	Oily Water Separator	273
6.3.1	Comparison of OCM Technologies	275
6.4	The Combustible Gas Indicator (CGI) or Explosimeter	276
6.4.1	Application	276
6.4.2	Principle of Operation	276
6.5	The Tankscope	278
6.5.1	Principle of Operation	278
6.6	Things to Remember While Using the Explosimeter and Tankscope	279
6.6.1	Presence of Gas	279
6.6.2	Pressure	280
6.6.3	In spaces declared gas-free, further gas may be released...	280
6.6.4	In other spaces...	280

Contents

Chapter 6 – Miscellaneous Systems (Continued)		
Article No.	Title	Page No.
6.7	Fixed Oxygen Analyser	281
6.7.1	Paramagnetic Oxygen Analysis	281
6.7.2	Principle of Operation	281
6.7.3	Construction	281
6.8	Beckman Oxygen Analyser (Munday Cell Type)	283
6.8.1	Principle of Operation	283
6.9	CO and CO ₂ Gas Analysers	285
6.9.1	In-Cylinder Measurement of Residual Burned Gas	285
6.9.2	Fast-Response Gas Analysers	286
6.10	Crankcase Oil Mist Detector	287
6.10.1	Crankcase Explosions	287
6.10.2	Construction and Operating Principle of a Basic Detector	287
6.10.3	The Comparison-type Crankcase Oil Mist Detector	288
6.10.4	The Line of Sight Oil Mist Detector	290
6.10.4.1	Principle of Operation	290
6.11	Fire Alarm and Detection System	292
6.11.1	Heat Detectors	293
6.11.1.1	Rate of Rise Type	293
6.11.2	Combustion Detector	294
6.11.2.1	Operation of Smoke Detectors	294
6.11.3	Detectors Reacting to Radiation Emanating from Flames	296
6.12	Batteries and Battery Chargers	297
6.12.1	Basic Features of a Lead Acid Battery	297
6.12.2	General Operational and Safety Guidelines	298
6.12.3	Battery Room Requirements	299
6.12.4	Installation	299
6.12.5	Charging	301
6.12.5.1	Initial Charge (Dry-Charged Cells)	301
6.12.5.2	Freshening Charge	301
6.12.5.3	Charging Whilst in Service	302

Contents

Chapter 6 – Miscellaneous Systems (Continued)		
Article No.	Title	Page No.
6.12.6	Specific Gravity Readings	303
6.12.7	Battery Care	305
6.12.8	Cell Appearance	306
6.12.9	Water Additions	306
6.12.10	Weekly Maintenance Records	306

Chapter 7 – Explosion Proof Equipment		
Article	Title	Page No.
7.1	Introduction to Hazardous Areas on Ships	307
7.2	Global Organisations for Standardisation of Explosion Protection Equipment	308
7.3	Important Terms and Definitions	309
7.3.1	Explosion	309
7.3.2	Flash Point	310
7.3.3	Auto Ignition Temperature	310
7.3.4	Explosion Limits	311
7.3.5	Lower explosion limit – LEL	311
7.3.6	Upper explosion limit – UEL.	311
7.3.7	Vapour Density	312
7.3.8	Minimum Ignition Energy (MIE)	313
7.4	Electrical Sources of Ignition	313
7.4.1	Static Electricity as a Source of Ignition	315
7.5	Group Classification of Gases / Dusts	315
7.6	Hazardous Gas Zones	317
7.6.1	Division 1 or Zone 0 Area	317
7.6.2	Division 1 or Zone 1 Area	317
7.6.3	Division 2 or Zone 2 Area	318
7.7	Hazardous Dust Zones	318
7.7.1	Zone 20	319
7.7.2	Zone 21	319

Contents

Chapter 7 – Explosion Proof Equipment (Continued)		
Article	Title	Page No.
7.7.3	Zone 22	319
7.8	Temperature Classification	321
7.9	Equipment Protection Level (EPL)	322
7.10	Maximum Experimental Safe Gap (MESG)	322
7.11	Minimum Ignition Current (MIC)	323
7.12	Protection Techniques	323
7.12.1	Explosion Proof (Ex d – Flameproof) Enclosure IEC 60 079-1	324
7.12.1.1	Applications	326
7.12.1.2	Advantages of Ex d Equipment	327
7.12.1.3	Disadvantages of Ex d Equipment	327
7.12.2	Purging or Pressurization Method (Exp) IEC 60 079-7	328
7.12.2.1	Type X	329
7.12.2.2	Type Y	329
7.12.2.3	Type Z	329
7.12.2.4	Applications	329
7.12.3	Increased Safety Protection Method (Ex e) IEC EX 60 079-7	330
7.12.3.1	Applications	330
7.12.4	Encapsulation (Ex m) IEC 60 079-7	330
7.12.5	Oil Immersion Protection Method (Ex o)	331
7.12.5.1	Applications	331
7.12.6	Powder Filling Protection Method (Exq)	332
7.12.6.1	Applications	332
7.12.7	Intrinsic Safety Protection Method (Exi) IEC 60 079-11	332
7.12.7.1	Applications	334
7.12.7.2	Mandatory Requirements for Intrinsically Safe Systems	334
7.12.7.3	Barriers Used in Intrinsically Safe Circuits	334
7.12.7.3.1	Zener Barrier	335
7.12.7.3.2	The Active Barrier or Transformer Isolation Barrier (TIB)	337
7.12.7.3.3	Removal of Safety Barriers	338

Contents

Chapter 7 – Explosion Proof Equipment (Continued)		
Article	Title	Page No.
7.12.8	Special Protection Method (Ex S)	338
7.12.9	Mixed Protection Methods	338
7.12.10	Example of Ex Marking and its Identification	340

Chapter 8 – Automation and Instrumentation		
Article	Title	Page No.
8.1	Introduction	341
8.2	Objectives of a Control System	341
8.2.1	Open-loop Control System	342
8.2.2	Closed Loop Control System	343
8.2.3	Example of a Closed Loop Control System Onboard a Ship	344
8.2.4	Digital Control System	346
8.3	Instrumentation and Sensors	346
8.3.1	Transducers and Transmitters	346
8.3.2	The Signal Conditioner	347
8.4	Temperature Measurement	350
8.4.1	Resistance Temperature Detector (RTD)	351
8.4.2	The Three-wire RTD	352
8.4.3	The Four-wire RTD	353
8.4.4	The Thermocouple	354
8.5	Pressure Measurement	356
8.5.1	Linear Voltage Differential Transformer (LVDT)	357
8.5.2	Strain Gauges	357
8.5.3	The Capacitive Transducer	359
8.5.4	The Piezoelectric Transducer	359
8.6	Level Measurement	360
8.7	Flow Measurement	363
8.8	The Viscosity Sensor (Viscometer)	364
8.9	Modes of Control	366

Contents

Chapter 8 – Automation and Instrumentation (Continued)		
Article	Title	Page No.
8.9.1	The On-Off Controller	367
8.9.1.1	Applications of On-Off Control	368
8.9.2	Continuous Control	368
8.9.2.1	Proportional Control	369
8.9.2.2	Integral Control	372
8.9.2.3	Rate or Derivative Control	374
8.9.2.4	Summary of Control Terms	375
8.10	Pneumatic Control System	376
8.10.1	Pneumatic Relay	378
8.10.2	The Pneumatic Temperature Transmitter	379
8.10.3	The Pneumatic Differential Pressure Transmitter	380
8.10.4	Pneumatic PID Controllers	381
8.10.5	Function of the Dials / Knobs in the Controller	382
8.10.5.1	Set Point Knob	382
8.10.5.2	Proportional Band Dial	382
8.10.5.3	Integral Value (Reset Action Time) Dial	383
8.10.5.4	Rate Time (Derivative Action Time) Dial	383
8.10.6	Tuning / Adjusting the Controller	383
8.11	The Electro-Pneumatic (I/P) Converter	383
8.12	Cascade Control	385
8.13	Boiler Water Level Control	385
8.14	Jacket Cooling Water (Cascade) Control	386
8.15	Lubricating Oil Temperature Control	388
8.16	The Final Control Element	389
8.16.1	Control Valve Hysteresis	390
8.17	Programmable Logic Controllers	392
8.17.1	The Advantages of a PLC	392
8.17.2	The Significant Building Blocks of a PLC-based Process Control System	393
8.17.3	Major Components within the PLC	393

Contents

Chapter 8 – Automation and Instrumentation (Continued)		
Article	Title	Page No.
8.17.3.1	Different Types of I/O Circuits	394
8.17.3.2	The Central Processing Unit	396
8.17.4	Other Components within a PLC	397
8.17.4.1	Input Relay	397
8.17.4.2	Internal Utility Relays	397
8.17.4.3	Counters	398
8.17.4.4	Timers	398
8.17.4.5	Output Relays	398
8.17.4.6	Data Storage	398
8.17.5	Working Principle of a PLC	398
8.17.6	Basic Instructions	400
8.17.6.1	Load	400
8.17.6.2	LoadBar	400
8.17.6.3	Out	401
8.17.6.4	OutBar	401
8.17.7	Example of a Simple Start / Stop Motor Circuit	403
8.17.8	Level Application using a PLC	405
8.17.9	Example of a PLC Ladder Logic for Star - Delta Starter Motor Circuit	406

Chapter 9 – High Voltage Safety and Switchgear		
Article No.	Title	Page No.
9.1	Introduction	407
9.2	Competency Requirements for Personnel	407
9.3	Need for High Voltage Systems	408
9.3.1	Advantages	408
9.3.2	Disadvantages	410
9.3.3	Differences between high voltage supply and low voltage supply on board ships	410
9.4	Hazards of High Voltage	410
9.4.1	Arcing	410

Contents

Chapter 9 – High Voltage Safety and Switchgear (Continued)		
Article No.	Title	Page No.
9.4.2	Electric Arc Resulting in an Electrical Arc Blast (Explosion)	411
9.4.3	Effect of an Arc Flash on the Human Body	412
9.5	Regulations and Requirements for AC Supply Systems with Voltages \geq 1 kV	412
9.6	Terminology Associated with High Voltage Systems	414
9.6.1	Additional Earth	414
9.6.2	Approved	414
9.6.3	Authorized Person (AP)	415
9.6.3.1	Responsibility and Authority of the Authorised Person	415
9.6.4	Caution Notice	415
9.6.5	Circuit Main Earth (CME)	415
9.6.6	Competent Person	415
9.6.7	Danger Notice	416
9.6.8	Dead	416
9.6.9	Earthed	416
9.6.10	Earthing Down	416
9.6.11	Isolation	417
9.6.12	Key Safe	417
9.6.13	Limitation of Access (LOA)	417
9.6.14	Live	418
9.6.15	Locking Off	418
9.6.16	Permit to Work (PTW)	418
9.6.17	Permit to Work Procedure	418
9.6.18	Safety Lock	419
9.6.19	Sanction for Test (SFT)	419
9.6.20	Withdrawn Apparatus	419
9.7	Safe Working Procedures	419
9.7.1	Working on High Voltage Apparatus	420
9.7.2	Working on HV Systems	420
9.7.3	Checking for a dead condition and for proving that a circuit is dead	421

Contents

Chapter 9 – High Voltage Safety and Switchgear (Continued)		
Article No.	Title	Page No.
9.7.4	Check of Completed Temporary Earthing	422
9.7.5	Procedure for the Use of Earthing Leads	422
9.7.6	Creepage Distances	423
9.7.7	Minimum Approach Distance for the Authorized Person	424
9.7.8	Approach / Protection Boundaries	424
9.7.8.1	Flash Protection Boundary (outer boundary)	424
9.7.8.2	Limited Approach	424
9.7.8.3	Restricted Approach	424
9.7.8.4	Prohibited Approach (inner boundary)	425
9.7.9	Incident energy	425
9.7.10	Hazard Risk Category	425
9.7.11	PPE for ARC Flash Hazards	426
9.7.12	Entry to Enclosures Containing High Voltage Apparatus	428
9.7.13	Entry to Enclosures Containing High Voltage Equipment/ Installations	428
9.7.14	Precautions Prior to Live Voltage and Phasing Checks	428
9.7.15	High Voltage Test Enclosures	429
9.7.16	Working on Transformers	429
9.7.17	Working on Ring Main Units	429
9.7.18	Working on Bus Bars and Directly Connected Bus Bar Equipment	429
9.7.19	Re-Energizing of a High Voltage Installation after Work	430
9.8	Trapped Key and Key Safe Systems	430
9.8.1	Use of Key Safes	430
9.8.2	Key Interlock for a Generator Cable Compartment	432
9.8.3	Key Exchange System	433
9.8.4	Key Interlock for a Motor Starter	434
9.9	HV Switchgear Panel	436
9.9.1	The Bus Bar Compartment	437
9.9.2	The Circuit Breaker Compartment	437
9.9.3	The Cable Compartment	438

Contents

Chapter 9 – High Voltage Safety and Switchgear (Continued)		
Article No.	Title	Page No.
9.9.4	The Low Voltage Compartment	438
9.10	Safety Features of HV Switchgear	438
9.10.1	Surge	440
9.10.2	Metal Oxide Surge Arrestor	440
9.10.3	Cable Compartment	441
9.11	High Voltage Circuit Breakers	441
9.11.1	The Vacuum Circuit Breaker	442
9.11.1.1	Advantages of a Vacuum Circuit Breaker	443
9.11.1.2	Operation of a Vacuum Circuit Breaker	443
9.11.1.3	Vacuum Contactor	445
9.11.1.4	Specifications	445
9.11.1.5	Vacuum Integrity Check	446
9.11.2	Sulphur-hexafluoride (SF ₆) Circuit Breakers	447
9.11.2.1	Breaker Properties	447
9.11.2.2	Advantages	450
9.11.2.3	Disadvantages	450
9.11.2.4	The Circuit Breaker Operating Mechanism	450
9.12	Medium Voltage Alternator's Fault Protection	453
9.12.1	Unbalanced Loading Protection	455
9.12.2	Stator Winding Faults	455
9.12.3	Differential Protection	455
9.12.4	Balanced Earth Fault Protection	456
9.12.5	Transformer Protection	457
9.13	Applications of Numeric (Digital) Programmable Relays	459
9.13.1	Features of a Numeric (Digital) Relay for Motor Protection	460
9.13.2	Digital Relay Protection System	462
9.14	American National Standards Institute Standard Device Numbers	463
9.15	Distribution of Power Supply	465
9.16	High Voltage System for a Liquefied Natural Gas Carrier	467
9.16.1	Salient Features	468

Contents

Chapter 9 – High Voltage Safety and Switchgear (Continued)		
Article No.	Title	Page No.
9.17	Shore Supply	473
9.17.1	Connection of Shore Supply	473
9.17.2	Disconnection of Shore Supply	474
9.17.3	Cable Management System	475
9.17.4	Equipotential Bonding	475
9.17.5	HVSC Emergency Shutdown	478
9.18	Insulation Resistance Test and Polarization Index Test	479
9.18.1	The Significance of the Polarization Index Test	481
9.18.2	Interpretation of Polarisation Index Results	484

Chapter 10 – Interpretation of Relevant SOLAS Regulations		
Article No.	Title	Page No.
10.1	The Chapter-wise List of Regulations	485
10.2	General Guidelines	499
10.2.1	Relevant SOLAS Regulations (Chapter II - 1)	499
10.2.2	Summary of SOLAS Regulations	499
10.3	Electrical Safety	499
10.3.1	Relevant SOLAS Regulations (Chapter II - 1))	499
10.3.2	Summary of SOLAS Regulations	499
10.4	AC Distribution Systems	501
10.4.1	Relevant SOLAS Regulations (Chapter II - 1)	501
10.4.2	Summary of SOLAS Regulations	501
10.5	Emergency Power	502
10.5.1	Relevant SOLAS Regulations (Chapter II - 1)	502
10.5.2	Summary of SOLAS Regulations	502
10.5.2.1	Critical Equipment to be supplied with power from an Emergency Generator	503
10.5.2.1.1	Lighting	503
10.5.2.1.2	Other Emergency Services	504
10.5.2.1.3	Steering Gear and Propulsion Equipment	504
10.5.2.1.4	Other Equipment	505

Contents

Chapter 10 – Interpretation of Relevant SOLAS Regulations (Continued)		
Article No.	Title	Page No.
10.6	Isolated and Earthed Neutral Systems	506
10.6.1	Relevant SOLAS Regulations (Chapter II - 1)	506
10.6.2	Summary of SOLAS Regulations	506
10.7	Alternators	507
10.7.1	Relevant SOLAS Regulations (Chapter II - 1)	507
10.7.2	Summary of SOLAS Regulations	507
10.8	Switchboards and Switchgear	508
10.8.1	Relevant SOLAS Regulations (Chapter II - 1)	508
10.8.2	Summary of SOLAS Regulations	508
10.9	Fault Protection Devices	508
10.9.1	Relevant SOLAS Regulations (Chapter II - 1)	508
10.9.2	Summary of SOLAS Regulations	509
10.10	Electric Cables	510
10.10.1	Relevant SOLAS Regulations (Chapter II - 1)	510
10.10.2	Summary of SOLAS Regulations	510
10.11	Transformers	511
10.11.1	Relevant SOLAS Regulations (Chapter II - 1)	511
10.11.2	Summary of SOLAS Regulations	511
10.12	Electrical Propulsion Systems	511
10.12.1	Relevant SOLAS Regulations (Chapter II - 1)	511
10.12.2	Summary of SOLAS Regulations	512
10.13	Steering Systems	514
10.13.1	Relevant SOLAS Regulations	514
10.13.2	Summary of SOLAS Regulations	514
10.14	Batteries	517
10.14.1	Relevant SOLAS Regulations (Chapter II - 1)	517
10.14.2	Summary of SOLAS Regulations	517
10.15	Lighting Systems	518
10.15.1	Relevant SOLAS Regulations (Chapter II - 1)	518

Contents

Chapter 10 – Interpretation of Relevant SOLAS Regulations (Continued)		
Article No.	Article No.	Article No.
10.15.2	Summary of SOLAS Regulations	518
10.16	Alarm Indication Systems	519
10.16.1	Relevant SOLAS Regulations	519
10.16.2	Summary of SOLAS Regulations	519
10.17	Gas Analysers	522
10.17.1	Relevant SOLAS Regulations	522
10.17.2	Summary of SOLAS Regulations	522
10.18	High Voltage Systems	522
10.18.1	Summary of Various Regulations and Guidelines	522
10.19	Maintenance and Troubleshooting	524
10.19.1	Relevant SOLAS Regulations	524
10.19.2	Summary of SOLAS Regulations	524

Chapter 11 – Questions and Answers for Competency Exams		
Article No.	Title	Page No.
11.1	Multiple Choice Questions and Answers – Written	525
11.2	Descriptive Questions – Written	568
11.3	Multiple Choice Questions and Answers – Oral	571
11.4	Descriptive Questions and Answers – Oral	575
11.5	Other Descriptive Questions – Oral	592